

PHYLLIS A. ERNST
Senior Center

Recreation & Parks
Department
3810 Veterans Memorial Drive
Hilliard, Ohio 43026
(614) 876-0747
8 a.m. – 4 p.m.

VOLUME 35, NO. 2
APRIL – MAY 2014
www.hilliardohio.gov



PLAY!

REAL PEOPLE. REAL POSSIBILITIES.



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Membership Renewal

Memberships are valid for a period of 12 months. A renewal form is available in the office. Memberships are \$15. Complimentary memberships are provided to those 90 years of age and older.

Passion for teaching and learning in Preschool

Chris Jacobs has been with the Recreation & Parks Department for 17 years. She began teaching preschool part time in 1996 when her daughter, Ashley was a 4-year-old in the program. She began working full-time in August of 2011 and is currently the Preschool Coordinator and a teacher. In the summer, she coordinates Safety Town and Playcamp.

Chris graduated from Capital University with a teaching degree. She taught second-grade in East Guernsey Schools for five years and seventh and eighth-grade

reading in the Bloom Carroll Schools for another five. Chris has coached high school volleyball at the varsity level and junior high basketball.

In June, Chris and her husband, Mike Jacobs "Jake" will celebrate their 27th wedding anniversary.

Ashley is 21 and a senior at Miami University (Ohio) and son, Joshua is 24 and a senior at Walsh University (North Canton). Chris likes to play volleyball, read, and travel. She is looking forward to a trip to Montana in July for a nephew's wedding and a visit to Yellowstone National Park.



WHAT ELSE CAN YOU TELL US?

Would you rather live in the country or in the city?

Chris Jacobs, Staff: City
Florence Magalski, Member: Country, Born and raised in Cleveland. I love Hilliard. Feels like the country!
Ruth Nester, Member: City, when it has tree around for the birds

Do you have any brothers or sisters? How many?

Chris: Three sisters, no brothers.
Florence: I have sister who is two years younger
Ruth: One brother who is younger

Have you ever tried sushi? (Did you like it?)

Chris: No and would never try it.
Florence: No; feel I wouldn't like it.
Ruth: Yes. Learned to love it!

How do you like your steak cooked?

Chris: Well done
Florence: I rarely eat it, but prefer well done
Ruth: Medium or medium rare

NEWS & NOTES

Senior Center Newsletter

VOLUME 35, NO. 2
APRIL – MAY 2014

Registration

Sign up for all new programs listed in this newsletter in person at 9 a.m., Monday, March 17. We begin taking call-in reservations at 1 p.m. You may also register and renew your membership online at hilliardohio.gov. Let us know if you need us to email your username and password.

Center Closings

The center is closed April 18 in observance of Good Friday and May 26 in observance of Memorial Day.

Programs Canceled

All scheduled programs are canceled Wednesday, April 17 due to the Volunteer Luncheon; Thursday, May 1 due to the Kentucky Derby; and Tuesday, May 20 due to the Prom Fashion Show. Please contact Dave if you wish to reschedule your group.

Times Changes for the Summer

All lunches served at 11:30 a.m. in June, July and August. Some programs may start earlier due to the lunch time change.

Library

We have a library available with a wide selection of books, movies, books on tape, and puzzles. Computers and printers are also available for your use. Please stop in and enjoy the library.

Hilliard Park Café Update

Beginning in January 2015, in order to maintain the quality of the lunch menus, it is necessary to increase the cost of each meal from \$4 to \$5. Guest fees will be \$7. Meal tickets are still available and may be purchased at the following rates, 6 meals for \$29 or 12 meals at a cost of \$58. You may still make payments with cash, check, Visa, Discover, Amex or Mastercard. Thank you for your understanding and continued support of the Phyllis A. Ernst Senior Center.

— Steve Mazer, Director

Hilliard Recreation and Parks Department

Ham Loaf Sale

Individual servings of cooked and frozen ham loaf may be pre-ordered. Your order is available for pick up from 9 a.m.-1 p.m. on Friday, April 11. Ham Loaf sales are being offered as a fund-raising activity of the Hilliard Happiness Club to support programs and supplies for the Senior Center. The deadline for placing an order is Friday, March 28. The cost is \$2.50.

Coupons

Volunteers clip donated coupons and file them in a box located at the center on the coffee bar. Please feel free to stop in and select coupons that are of use to you. A second box is available for depositing coupons you are not going to use.



PLAY! Program & Activities Guide

Pick up a Spring/Summer Program and Activity Guide for additional information on daily programs. Be sure to register soon for activities that suit you or a family member!

ACTIVITIES & SPECIAL EVENTS

Game Night

Get together for snacks, cards, puzzles, games and other social activities from 5:30-8 p.m. the first and third Thursday.

- April 3 and May 15 (no Game Night April 17 or May 1 due to other programming); \$2, payable the night of

Prayer Luncheon

An area minister presents a short message after lunch. Reservations due Thursdays.

- Friday, April 25 and Friday, May 30; noon; \$4

Bingo

Join us as Bingo is sponsored by area businesses, including Darby Glen, Mill Run Care Center, Mayfair Village and more.

- Thursdays, 1 p.m.; \$2

Happiness Club

Reservations due by noon the Tuesday prior. Call Joy Hoffman at 614-876-6694 to reserve, cancel or if you have a question. You are responsible for the cost of the meal if you register.

- Friday, April 11 and Friday, May 9

AARP Driving Class

Learn how to avoid driving hazards with this class. There are no tests and some auto insurance companies offer discounts to participants of this class, check with your agent. You must register for the class, the fee is not due until the first day of class.

- Monday, April 28, 1-5 p.m.; \$15/AARP member, \$20/non-AARP member. Please make checks payable to AARP.



What are you waiting for?
Join in!

ACTIVITIES & SPECIAL EVENTS



April Fools' Luncheon

Join us for a few jokes and fun at lunch today as we celebrate April's Fools Day.

- Tuesday, April 1, noon; \$4

Potluck

We are hosting a potluck for the fun of it! Join us! Register in advance with what you are bringing.

- Monday, April 7 and May 5, noon; \$1

Christoffer Welen: Dublin Retirement Community

Sweden through the eyes of Christoffer Weldon from Dublin Retirement Village offers a tour around the country of Sweden and touches base upon attractions in cities such as Stockholm, Göteborg, Malmö and Uppsala. He also discusses the northern lights, the "Three-Country Cairn" Swedish culture, holidays, school system, government structure, and other differences one might not be aware about. There is time for questions at the end of the presentation.

- Wednesday, April 9, 1 p.m.; free, snacks provided

Crochet Class

Experienced or beginner, have fun crocheting with others. Join Tricia Kincaid from Mill Run Gardens the fourth Wednesday of the month.

- 1 p.m.; free, supplies provided by Mill Run

Jewelry Making Class

Due to schedule conflicts Jewelry making has been moved to the second Friday. All supplies are provided. This class is taught by Katie Edgington and Navi Kandula from The Laurels of Hilliard. Please register in advance.

- Fridays, April 11 and May 9, 1:30 p.m.; free

Lunch and Learn

All seminars start at 11 a.m. and lunch is served at noon. You must attend the seminars to receive the free lunch.

- **Wednesday, April 9:** Edward Jones: Tim Payne presents "What keeps You Up at Night?"
- **Monday, April 14:** Paige Sutphin with Harbor Light Hospice offers "The Therapeutic Value of Humor." Learn the physical, cognitive, emotional and social benefits of humor and mirths.
- **Monday, April 21:** Estate Planning and Long-term Care Planning (VA Benefits & Medicaid for the Aged Benefits). Q & A session follows
- **Wednesday, May 14:** Edward Jones: Tim Payne presents "Managing Your Retirement Income"
- **Thursday, May 22:** Local Attorney Wayne Hassay discusses Wills and the probate process. Anyone wanting a Will can begin the process immediately after the seminar.

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Steven Roush, Esq.

Free elder law consultations; sign up for a 30-minute consultation. First Tuesday of the month.

- Tuesdays, April 1 and May 6, 9 a.m.-noon; free

Volunteer Luncheon: Volunteers are Sweet!

This luncheon is in honor of everyone who has volunteered for us in the last year. We wish to thank you for all your contributions for generously giving your time to the Phyllis A. Ernst Senior Center. Please sign up if you volunteered for us May 2013-April 2014.

- Thursday, April 17, 11:30 a.m. hors d'oeuvres, lunch noon; free to all volunteers, \$5 for all others

Jeopardy

Lisa from Etna hosts this fun game on the third Thursday of each month.

- April 17 and May 21, 1 p.m.; free
- May 21 is being hosted at the Luau

Christoffer Welen: Dublin Retirement Community

Get Ready For Spring: Christoffer shows you some easy exercises to do at home that help you get in shape for spring and summer.

- Tuesday, April 22, 1 p.m.; free, snacks provided

Poker Keno

Sponsored by Mayfair Village.

- Thursday, April 24 and May 29, 10 a.m.; free

Earth Day

Informational tables including rain barrel, rain garden and composting, art contest, Green Power Alternative Display (GPAD) from the Electrical Trade Center, animals from Ohio Wildlife, tree planting ceremony and more. Watch for more details!

- Saturday, April 26, 8 a.m.-noon

Trip information Meeting

Sandra from world of travel answers questions about our upcoming New England/Novia Scotia Cruise October 1-10, 2014. She may have additional information on our European River Cruise scheduled for Sept 2015.

- Thursday, April 24, 1 p.m.

COMPUTER CLASSES CONTINUED



Introduction to Microsoft Word

Sessions: Consists of 2 separate two-hour sessions.

Prerequisite: Computer Basics or equivalent knowledge.

Handout Provided: All participants receive a booklet outlining class materials.

Class Description: Participants learn how to create new documents, edit documents, change font sizes, shapes, alignment, and more. Participants also learn to save and retrieve Word documents effectively. This class is perfect for the person who has been hesitant to get started in Microsoft Word.

- Tuesdays, April 1 and 8

Microsoft Word: Beyond the Basics

Sessions: Consists of 2 separate two-hour sessions.

Computers: Bring your own laptop or work on one of ours.

Prerequisite: Introduction to Microsoft Word or equivalent knowledge.



Handout

ACTIVITIES CONTINUED

Diabetic Supplies Inc.: Diabetic Shoe Seminar

Representatives from Diabetic Supplies, Inc. discuss the different options in shoes for those with foot problems caused by diabetes.

- Tuesday, April 29, 1 p.m.

Kentucky Derby Party

We are off to the races once again! We begin the afternoon with the singing of "My Old Kentucky Home." Make sure you place a friendly wager on the horse of your choosing. Then it's off to the races as Dave rolls the dice and the horses maneuver down the track! Sip on a Mint Julep and dine on Kentucky Cuisine followed by Kentucky Bluegrass Pie. Don't forget to wear your favorite hat!

- Thursday, May 1, 11:30 a.m.; \$6

Carriage Court Dine & Discover

Carriage Court hosts this luncheon on the third Friday of the month and provides an informative speaker after lunch.

- Friday, May 16, noon; no lunch April 18 due to the holiday

Get your Suit and Jump In

Both pools are open the weekends of May 17-18 and May 24-26, Memorial Day. The pools re-open at 3 p.m. for the season on Friday, May 30 (the last day of classes for Hilliard City Schools).

Happiness Club Pancake Fundraiser

Chris Cakes is flipping pancakes for the Happiness club pancake breakfast fundraiser. Sponsored by Darby Glen.

- Monday, May 19, 9 a.m.; \$4. Registration required.

Prom Fashion Show

Darby High School Seniors model their gowns for us then join us for lunch. It's a wonderful afternoon and a great chance for you to meet and socialize with this great bunch of high school seniors.

- Tuesday, May 20, 11:30 a.m.; \$4

We have lots in store the next few months. Check out all of the offerings!

Luau at the HFAC

Lunch today is being served at the Hilliard Family Aquatic Center. Have lunch, feel free to take a dip in the pool, float in the lazy river, relax in a lawn chair while listening to the sounds of Three c Highway and get a behind-the-scenes tour of this award-winning facility. We are going to have the whole HFAC to ourselves this afternoon for you to enjoy. Keep your fingers crossed for good weather. In case of rain, we are moving indoors to the center.

- Wednesday, May 21, noon-3 p.m.; \$5

Hilliard Police Department-Senior Fraud Prevention

Hyda Sloan from the Hilliard police department presents and answer your questions on how seniors can avoid scammers and prevent fraud.

- Thursday, May 22, 1 p.m.; free, registration encouraged

Swim Smart Party

We are spreading the word; ignorance about drowning can be deadly. Help by educating yourself and others on ways to prevent drowning at the Hilliard Family Aquatic Center as we host a party for our Swim Smart Saves Lives ongoing safety campaign. Join us from 2-4 p.m. for the sounds of Crescent Fresh.

- Sunday, May 25

Computer Gnome Tech Talk

"Internet Security: Defining the Threats;" In this lecture, with question-and-answer time, you learn about the different types of malicious software and what they do when they get on our computers. Then we discuss what you can do to protect yourself against them.

- Thursday, May 8, 10 a.m.; free

Real People. Real Possibilities.

EXCURSIONS

Local Shop

The center bus picks you up at your home if you live in the City of Hilliard and departs from the center at 11 a.m. on Fridays; \$2. Please call in advance to make a reservation. A few of the dates are changed due to conflicts.

- April 4: Walmart
- April 25: Meijer
- May 2: Kroger
- May 16: Giant Eagle
- May 30: Walmart

Hollywood Casino

Enter a world of the hottest gaming action featuring over 2,500 blockbuster slots, over 70 big-time table games, and 36 tables of live poker; \$20 free play 1/2 price buffet.

- Tuesdays, April 8, May 13, 9:30 a.m.; \$3, plus lunch OYO at Casino

Marion Prison Easter Show

The Ministry of Theatre is a live production that has been offering annual Christmas and Easter Plays for the community for more than 15 years. It has become a theatrical masterpiece with incredible performers. Offenders are encouraged to showcase their talents and gifts for the event. Many of the offenders help to write the script as well as the music for each performance. The program provides a great opportunity to invite the public into the prison.

- Monday, April 7; 10:45 a.m.; \$7, lunch OYO after show at Ryan's Buffet

Dignified Diners: Big Fat Greek Kuzina

The Big Fat Greek Kuzina is Columbus' best Greek Restaurant with a fun name and a serious Greek menu and atmosphere. All menu items are made with authentic Greek ingredients and cooking techniques.

- Tuesday, April 15, 11 a.m.; \$3, plus lunch OYO

Scioto Downs Racino

With more than 2,100 of the most popular games, you're sure to find the game for you! \$15 free play; \$7.99 lunch buffet.

- Wednesdays, April 16, May 28, 9:30 a.m.; \$4, plus lunch OYO at Racino

Early Television Museum Tour

The Early Television Foundation is dedicated to the preservation of the technology from the early days of television. Our website's mission is to preserve and make available to the public the history of early television, from the mechanical systems of the 1920s through the introduction of color television in the 1950s. *This tour was canceled due to weather in January. All participants from that trip may to sign up for this rescheduled time before it is opened to others.*

- Tuesday, April 22, 9:45 a.m.; \$2 at signups, plus \$1 cash day of tour and lunch OYO at Der Dutchman

COSI: Rocky Mountain Express Movie

Rocky Mountain Express propels audiences on a steam train journey through the breathtaking vistas of the Canadian Rockies and highlight the adventure of building a nearly impossible transcontinental railway. Approximately 45-minutes.

- Wednesday, April 23, 11:30 a.m.; \$3 at signup and \$6 cash day of trip, plus lunch before the movie OYO at Jason's Deli

Air Force Museum

The National Museum of the United States Air Force collects, researches, conserves, interprets and presents the Air Force's history, heritage and traditions, as well as today's mission to fly, fight and win ... in Air, Space and Cyberspace to a global audience through engaging exhibits, educational outreach, special programs, and the stewardship of the national historic collection.

- Thursday, April 24; 9 a.m.; \$6, plus lunch OYO

Ohio Amish Country Day Trip

- Wednesday, May 7; \$89 per person



Check with Flyer Board for Registration Materials for all of our excursions.

Girls Just Want To Have Fun!

Diana A Celebration Exhibition: Cincinnati Museum Center

More than 15 years after her death, Princess Diana's memory still stirs interest and emotion. The award-winning exhibition "Diana, A Celebration," chronicles the life of the late Diana, Princess of Wales. This is the final showing for the renowned exhibition, which has been touring the world since 2003, before the items return to her sons in England to be preserved for future generations. It includes: more than 25 dresses, suits and evening gowns worn by the Princess during her public life (accompanied by photos and designer details from the events at which the outfits were worn); Diana's magnificent Royal Wedding gown; two diamond tiaras; priceless family jewels; original text of the Earl Spencer's moving tribute to his sister at the funeral in Westminster Abbey; and the score and lyrics of the Elton John/Bernie Taupin composition adapted from "Candle in the Wind."

- Monday, April 28; 9:30 a.m.; \$6 sign up, plus \$25 day of and lunch OYO



EXCURSIONS

OSU Planetarium

The OSU Planetarium, operated since 1968 by the Department of Astronomy, is a 63-seat 30-foot dome theater with a state-of-the-art Spitz SciDome XD digital projection system that gives exquisite views of the night sky from Columbus, and lets us take you on digital journeys to the planets, stars, and distant galaxies.

- Wednesday, April 30, 9 a.m.; \$4 at signup and \$2 day of trip, plus lunch OYO after the show

Cooper's Mill & Market: Bucyrus, Ohio

Visit Cooper's Mill for an entertaining and educational tour through the factory. Learn about the history of Cooper's Mill and observe firsthand how delicious ripe fruits are cooked into irresistible jams, jellies and apple butter. Cooper's all natural products contain no artificial colors, preservatives, or corn syrups. After the tour, be sure to visit the country market and gift shop. *This tour was canceled due to weather in December. All participants from the canceled trip may sign up for this rescheduled time before it is opened to others.*

- Monday, May 12; 9 a.m.; \$6, plus lunch OYO at Der Dutchman Mansfield

Buckeye Lake Cranberry Bog Tour and Lunch at Buckeye Lake Winery

Cranberry Island, located in Buckeye Lake, originally surfaced as a bog mat in 1830. Since then it has been dramatically decreasing in size, dwindling from 50 acres down to its current 11 acres. The Cranberry Bog Mat is the only survivor from the reservoir creation that impounded the Big Swamp in 1830. Everything was destroyed except for the youngest, and therefore most buoyant, sections of the bog mat. Buckeye Lake Winery is committed to producing great wine by bringing the Napa Valley experience home and creating an atmosphere of relaxation and recreation on the waters at Buckeye Lake.

- Wednesday, June 4, 9 a.m.; \$6 at signup and \$5 cash day of tour, plus lunch OYO at Buckeye Lake Winery

LaComedia: All Shook Up

Inspired by and featuring the songs of Elvis Presley. It's 1955, and into a square little town in a square little state rides a guitar-playing roustabout who changes everything and everyone he meets in this hip-swiveling, lip-curling musical fantasy that'll have you jumpin' out of your blue suede shoes with such classics as "Heartbreak Hotel," "Jailhouse Rock," and "Don't Be Cruel."

- Thursday, May 22, 9 a.m.; \$49 includes lunch before the performance

Bureau of Criminal Investigation (BCI) Tour

The Bureau of Criminal Investigation, known as BCI, is the state's official crime lab serving the criminal justice community and protecting Ohio families. BCI also provides expert criminal investigative services to local, state, and federal law enforcement agencies upon request.

- Tuesday, May 27, 10 a.m. \$5; plus lunch OYO at Rothwells before the tour

Dignified Diners: Melt Bar and Grilled Short North

Since September 2006, Melt Bar and Grilled has offered gourmet grilled cheese sandwiches and a plethora of beers to please any palate -- 150 at any given time, plus 20 or so on tap -- in a relaxed, comfortable and often full-to-capacity atmosphere. Melt puts a new spin on the same-old bar food and the often predictable selection of brews, and it does so in a setting that provides something for everyone.

- Thursday, May 29, 11 a.m.; \$3, plus lunch OYO

Wade & Gatton Nursery, Kingwood Gardens & Mansion, Mansfield Carousel

- July 23, \$79 pp



Real People.
Real Possibilities.

OVERNIGHT EXCURSIONS

The Splendour of Switzerland With visits to France, Italy and Germany

Enjoy a 7-night stay in magical Lucerne, Switzerland, considered to be one of the most beautiful spots in Switzerland. Spend a leisurely week in one hotel!

- May 1-9; 9 days, 8 nights
- \$3,995 per person, double occupancy; \$4,795/single

Mackinac Island & Upper Peninsula, Michigan

Breathtaking forests and floral vistas! Climb aboard a horse-drawn carriage on beautiful Mackinac Island and clippity-clop through breathtaking forests and floral vistas to view the sparkling water from the Arch Rock overlook. View the magnificent gardens from a rocking chair on the porch of the Grand Hotel. Find treasures in Frankenmuth, Michigan's "Little Bavaria," the home of Bronner's Christmas Wonderland, the world's largest Christmas store.

- June 19-23
- \$650/double occupancy; \$795/single

New England Nova Scotia and Canada Cruise

Eight-night cruise on Royal Caribbean's "Grandeur of the Seas." Lighthouses aren't the only reason people found their way here. New England and eastern Canada have an unmistakable charm, rich history and natural beauty all their own. And there's no better time to visit than the fall... when the foliage is brilliant in every imaginable color, lighthouses dot the coastline and there's always an authentic lobster bake going on somewhere.

- Oct. 1-10; 10 days, 9 nights
- Starting at \$1,699 per person,

HEALTH & WELLNESS



Golf

Want to Golf on Wednesdays in a relaxed atmosphere, make some new friends and have fun? Then join us when you are available this season. Sessions begin Wednesday, May 7, 9 a.m.

Wellness Wednesday Lunch

Staying active, maintaining spiritual well-being and eating well are keys to living a longer, healthier life no matter how old you are. Nurture your mind, body and spirit through lunch and educational programs on the third Wednesday of the month.

- Wednesday, April 16, 11:45 a.m.; \$4

Chair Volleyball

Play this fun version of volleyball with a 20-inch beach ball, smaller court and lower net. Instructor: Linda Hoover.

- First and third Fridays, 10:15 a.m.; free

Get Fit

Some exercises are done while seated and some while standing. All students work at their own pace. Free weights are used. Instructors: Tony Johnson and Maggie Schmidt.

- Tuesdays and Fridays, 9:15-10 a.m.; \$2 a class or an activity card

Strength Training

Fitness equipment, a treadmill, stationary bicycles, an elliptical machine and free weights are available at the Community Center during open hours.

- \$5 month

Tai Chi

Come give Tai Chi a try! Tai Chi is gentle exercise that incorporates meditation and movement that increases your strength, flexibility, balance and overall level of fitness. Instructor: Jim Long.

- Wednesdays, 2 p.m.; \$2 or an activity card

Indoor Walking

Indoor walking is available in the gym.

- Monday-Friday, 8-9 a.m.

Alzheimer's Support Group

A support groups for family members, caregivers and friends of people with Alzheimer's disease or related disorders meets here at the Center and is facilitated by a trained professional. This group provide participants with an opportunity to discuss caregiving challenges and share helpful tips, while receiving support from others who are in similar situations.

- Third Fridays, 9:30 a.m.

Zumba

Ditch the workout and join the party! Zumba uses interval training combining fast and slow rhythms for an effective aerobic workout. It is basically watch and follow. Zumba is good for the body and great for the mind. The class is designed so all abilities are welcome to attend.

Instructor: Doreen Woodard.

- Mondays and Wednesdays, 9:15-9:45 a.m., Sundays and Thursdays, 5:30-6:15 p.m.; \$3 drop-in fee

Line Dancing

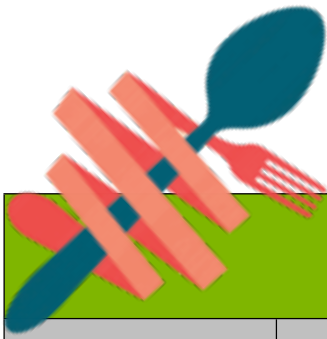
Line dancing is a great way to exercise and have fun! Special clothing is not needed but best not to wear athletic shoes.

Instructor: Nancy Bryner.

- Tuesdays, 1:15 p.m.; \$2 or an activity card



**Real People.
Real Possibilities.**



HILLIARD PARK CAFE

APRIL 2014

Tuesday	Wednesday	Thursday	Friday
1	2	3	4
April Fools' Lunch Open- Face Potatoes Mashed Roast Beef Mixed Mousse Chocolate Veggies	Cheddar Chicken Buttered Noodles Succotash Dump Cake	Liver & Onions Mashed Potatoes Green Beans Yellow Cake	
8	9	10	11
Broccoli Cheese Soup Turkey Club Sandwich Pickles Apple Crisp	Pork Chops Parsley Potatoes California Blend Veggies Pineapple Sheet Cake	Chicken a la King Tossed Salad Fruit Cup Angel Food Cake w/ Strawberries	Happiness Club Baked Steak Mashed Potatoes Corn Peach Half w/ Cottage Cheese Call Joy to Register, 614-876-6694
15	16	17	18
City Chicken Au Gratin Potatoes Corn Brownie Sundae	Wellness Wednesday Baked Fish Pasta Salad Peas Lemon Cake	Volunteer Lunch Grilled Chicken Salad Fresh Fruit Dessert	CLOSED No Carriage Court
22	23	24	25
Cabbage Rolls Mashed Potatoes Mixed Veggies Cherry Pie	Tuna Salad Croissant Carrot/ Celery Sticks Chips Fruit Pizza	Spaghetti w/ Meat Sauce Tossed Salad Garlic Bread Spumoni Ice Cream Cookies	Prayer Luncheon Roast Pork Mashed Potatoes California Blend Veggies Cherry Cheesecake
29	30		
Baked Ham Mac & Cheese Glazed Carrots Key Lime Pie	Beef Franks Baked Beans Chips Apple Pie		

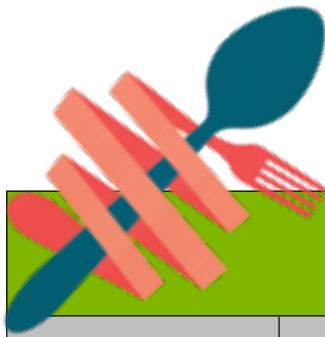
Meals are served at
Noon. Cost is \$4.
Meal price for
non-members is \$6.

CALL
614-876-0747

Please make a reservation by
4 p.m. the preceding day. Meal
tickets are available in the
Senior Center office as an
alternative to paying the \$4
meal charge each day.

A meal ticket may be
purchased for six (6) meals for
\$23 or 12 meals for \$46 with
cash, check, VISA,
Discover or MasterCard. Meals
are served at noon.
The cost is \$4.

Happiness Club is \$5 and
special event lunches may
be more.



HILLIARD PARK CAFE

MAY 2014

Tuesday	Wednesday	Thursday	Friday
		1	2
		Kentucky Derby Lunch Kentucky Burgoo Cole Slaw Lime Jell-O w/ Pears Kentucky Derby Pie	Firefighter's Lunch Free
6	7	8	9
Sweet & Sour Beef over rice Almond Broccoli Salad Chocolate Pudding	Pork Chops Stuffing Green Beans Cherry Crisp	Taco Salad Muffin Fruit Jell-O Apple Pie	Happiness Club Ham Loaf Parsley Potatoes Peas & Carrots Apple Sauce Dessert Call Joy to Register, 614-876-6694
13	14	15	16
BBQ Pork Sandwich Pickles Cole Slaw Macaroni Salad Cookie/ Sherbet	Spaghetti w/ Meat Sauce Tossed Salad Garlic Bread Spumoni Ice Cream Cookies	Salmon Patties Parsley Potatoes Cream Peas Pineapple Upside Down Cake	Carriage Court
20	21	22	23
Prom Show Bacon Quiche Muffin Fresh Fruit Pink Dessert	Luau Hamburgers/ Hot Dogs Potato Salad Fresh Fruit Sundae Bar	Lasagna Tossed Salad Green Beans Garlic Bread Brownies	
27	28	29	30
Sausage Penne Pasta Tossed Salad Rolls Vanilla Pudding	Liver & Onions Mashed Potatoes Glazed Carrots Pig Lickin' Cake	Parmesan Chicken Wild Rice Broccoli Peanut Butter Ice Cream Pie	Prayer Luncheon Meat Loaf Au Gratin Potatoes Mixed Veggies Angel Food Cake w/ Strawberries

Meals are served at Noon. Cost is \$4. Meal price for non-members is \$6.

**CALL
614-876-0747**

Please make a reservation by 4 p.m. the preceding day. Meal tickets are available in the Senior Center office as an alternative to paying the \$4 meal charge each day.

A meal ticket may be purchased for six (6) meals for \$23 or 12 meals for \$46 with cash, check, VISA, Discover or MasterCard. Meals are served at noon. The cost is \$4.

Happiness Club is \$5 and special event lunches may be more.

SENIOR CENTER DAILY SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	<p>8 a.m.: Indoor Walking</p> <p>9 a.m.:</p> <ul style="list-style-type: none"> • Bowling at Sawmill Lanes • Cribbage <p>9:15 a.m.: Zumba</p> <p>10:30 a.m.: Bible Study</p>	<p>8 a.m.: Indoor Walking</p> <p>9:15 a.m.: Get Fit Exercise Class</p> <p>10 a.m.: Beginner Bridge</p> <p>10:30 a.m.: Choir</p>	<p>8 a.m.: Indoor Walking</p> <p>9:15 a.m.: Zumba</p> <p>9:30 a.m.: Corn Hole; Refresher Bridge</p> <p>10 a.m.: Craft Club</p>	<p>8 a.m.: Indoor Walking</p> <p>10 a.m.:</p> <ul style="list-style-type: none"> • Beginner Bridge • Wii Bowling • Po-Ke-No (fourth) 	<p>8 a.m.: Indoor Walking</p> <p>9:15 a.m.: Get Fit Exercise Class</p> <p>9:30 a.m.:</p> <ul style="list-style-type: none"> • Open Studio • Alzheimer's Support Group (third) <p>10:15 a.m.: Chair Volleyball (first and third)</p> <p>11 a.m.: Local Shopping (first and third)</p>
Lunch		Noon	Noon	Noon	<ul style="list-style-type: none"> • Happiness Club (second) • Carriage Court Dine & Discover (third) • Prayer Luncheon (fourth)
Afternoon	<p>12:30 p.m.:</p> <ul style="list-style-type: none"> • Duplicate Bridge • Pinochle 	<p>1:15 p.m.: Line Dancing</p>	<p>1 p.m.: Euchre</p> <p>2 p.m.: Tai Chi</p>	<p>1 p.m.:</p> <ul style="list-style-type: none"> • Pinochle • Bingo <p>5:30 p.m.:</p> <ul style="list-style-type: none"> • Game Night (first and third) • Zumba 	<p>1:30 p.m.: Friday Flick (second and last)</p>



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PLAY!

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Real People. Real Possibilities.

Center Closings

The center is closed April 18 for Good Friday and May 26 for Memorial Day.

Extra! Extra! Read All About It!!



Hilliard Senior

Citizen Hall of Fame Nominations Needed

The Hilliard Senior Citizen Hall of Fame Committee selects one or two honorees each year (one living and one posthumous) for a lifetime of service and achievement as well as how they represent a positive image of aging. Nominees should exemplify how older persons continue to contribute to their community and respond creatively to retirement. Nominations for this honor may be made by completing and returning a nomination form, available at the Senior Center, before July 1. Nominees must be 65 years of age or older and must live within the Hilliard School District (exceptions apply). Additional eligibility criteria and information may be found on the nomination form.



Ready to Travel?

Pick up a flyer with all the details on these exciting upcoming trips!

- New England, Nova Scotia and Canada: Oct. 1-10
- Mackinac Island: June 19-23
- The Splendor of Switzerland: May 1-9

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